

Occupational Therapy

Occupational therapy in the home environment helps people across the life span to participate in activities & tasks that they want & need to do. The focus is to adapt the environment to fit the person in order to maximize independence, safety, strength, & endurance so the person is able to live life to the fullest.

GENERAL SHORT-TERM GOALS/BENEFITS:

Instruction on the usage of adaptive devices to assist the client with the following tasks:

- Putting on clothing & shoes
- Grooming
- Feeding
- Bed mobility
- Toileting
- Household tasks (ex. cooking)



GENERAL LONG-TERM GOALS/BENEFITS:

- Independence at home
- Improved quality of life
- Recommendations for environmental modifications (ex. ramps, safety bars in bathroom)
- Fitting patients with appropriate equipment (ex. wheel chair, scooter, walker, cane) in order to maximize mobility
- Education regarding safety of transfers, functional ability, participation with activities of daily living, use of durable medical equipment (ex. raised toilet seat, shower chair)

YOU MAY BE A CANDIDATE FOR OCCUPATIONAL THERAPY IF YOU EXPERIENCE:

- A stroke or a debilitating disease
- A recent fall or a broken bone
- Poor balance
- Poor upper body strength
- A feeling of having no energy or endurance
- Difficulty with zippers, buttons, etc.

OFFICE HOURS:

9:00 am - 4:00 pm (Mon through Fri)
24 Hour On-Call RN, 7 days a week including holidays

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Home Health Agency